



PHUONG NGUYEN
INSTITUTE OF KINESIOLOGY
& NATURAL HEALTH

E: phuongcwk@gmail.com

T: 07481 806896

Wholistic Kinesiology is a form of manual bio-feedback that utilizes muscle resistance testing to evaluate illness and health.

This comprehensive approach detects weaknesses in bio-chemistry, structure, mental/emotional health and more.

Following analysis, a unique health program is created based on your individual needs.

Modalities include, but are not limited to, nutritional deficiency testing, supplement evaluation, dietary modification, food allergy testing, cell salt therapy, herbal medicine, stress management and more.

Benefits Include:

- Identifying and correcting root causes of chronic issues
- DNA Methylation Analysis
- Identifying which supplements are health remedies versus which are not beneficial
- Uncovering deficiencies, toxicities and infections before one is symptomatic
- Determining imbalances in organ systems
- Determining optimal diet
- Determining and correcting allergies
- Uncovering and correcting underlying emotional blocks
- Maximizing potential and optimizing performance in all areas

About Phuong Nguyen CWK

Phuong Nguyen, Clinical Kinesiologist with 11 years experience.

Experience in Oncology, Auto Immune disorders, Idiopathic disorders, Chronic disease.

For the last 8 years I've been cooperatively working with a team of doctors out of a clinic based in Colorado helping patients with auto immune disorders, idiopathic disorders, chronic disease, cancer, particularly ovarian, using nutritional therapy, naturopathic medicine, IV therapy, methylation analysis, acupuncture and Kinesiology with great success.

I've recently moved to Shrewsbury with my family where my 3 children are schooled but maintain a busy practice in the U.S. working with clients in person & via video-link.

Through my close association with my former teacher, Dr J Dunn, Kinesiologist to Hollywood Actor 'The Rock' (Dwayne Johnson) I have been fortunate to have secured a

number of high profile clients who are also well known Hollywood Actors, TV personalities and professional UFC athletes. This allows me to get my work to a wider audience and helps further establish the good name and reputation of Wholistic Kinesiology.

Testimonials

“Phuong has a unique and rare gift”

Randy Couture *Las Vegas, Nevada*

(5X UFC Champion and Hollywood Action Star of The Expendables etc.)

“The most gifted natural medicine practitioner I have ever met. After spending over 12 training, living and researching the arts in China, Japan and Korea, Nepal & India and making programmes for the BBC about healing and Asian Arts I can honestly say I haven't come across anyone as succinct, intuitive and knowledgeable as this person!”

Chris Crudelli *London, England*

(Author The Way of The Warrior & Host of BBC Hit TV series Mind, Body & Kick Ass Moves)

“...Our trapped emotions and traumas and unprocessed life-experiences are the source of all illness that ails us. This is very much the healing experience and understanding that you offer clients, Phuong.”

Andrea Rossi, Nutritionist, Denver CO

“Working with Phuong over here in the UK has been absolutely invaluable to me. After a physical examination in England, we carried on with the consultation and the information that was provided was 100% on point. I'd highly recommend working with Phuong if you're looking to better yourself and be more successful in life. A thousand thank you's...”

Emilio Paiva De Brito, *Life Coach, England*

“Phuong's work is not only approachable and extraordinarily efficient, it's also healing, kind and absolutely accurate. She is compassionate and thorough, while being dedicated to progress. I trust her, her style and how she has helped me to see what I cannot see. I value her expertise and will continue to rely on her for her meticulous and comprehensive perspective. THANK YOU for everything!”

Sarah Charmoli, Sales Consultant, *Los Angeles, California*

“Straight from the heart: Working with Phuong has given me access to previously incurable health issues. Through her unique Wholistic Kinesiology practice She is able to tune into exactly what the body needs to fix itself. From emotional strife, to leaky gut, to a back injury, Phuong is able to go through the layers of body, mind and soul for complete health care. Thank you for all your years of help.”

Isabel Borman, Sustainable Agriculturist, Durango Co.